



FCLL COVID-19 Safety Guidelines for Baseball Practices, Scrimmages, Games and Sunday Select

Welcome back

As FCLL welcomes our community back to the fields, we have established how we will return in the safest manner possible, not only adhering to the local, State and Federal guidelines, but even implementing additional policies specific to our community to mitigate the possible spread of the coronavirus.

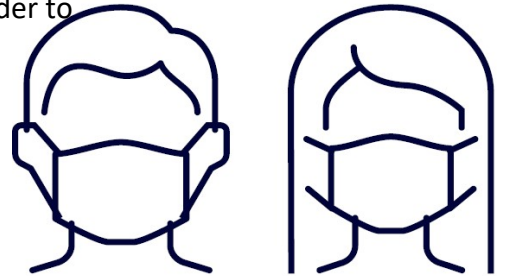
These rules, policies and guidance have been compiled by our Board, along with the guidance from the CDC and other organizations from the medical and science industries.



This guidance was last updated on August 1, 2021 and will remain in effect until the league determines changes need to be made, or guided by our local, State or Federal entities.

Masks and Face Coverings

- **Spectators** – We recommend all spectators 10 years of age and older to wear a mask or face covering while within 6 feet of anyone outside their own household, on FCLL grounds, except while eating or drinking.
- **Managers and Coaches** – At all times, managers and coaches are encouraged to wear a mask or face covering while in the field of play but required to do so any time they are within 6 feet of another person.
- **Players** – All players, 10 years of age and older, are recommended to wear a mask outside of the field of play, except to eat, drink or when properly social distanced. Players are not required to wear a mask while in the field of play.
- **Exemptions** – The only exception to this policy is if an individual has a medical or psychological condition that wearing a face covering would present an increased safety or medical threat. These individuals should privately contact the Safety Manager, Spring or any board member, or the board member on duty. They may be given something to help identify them as exempt, to avoid confusion with enforcement of this policy.

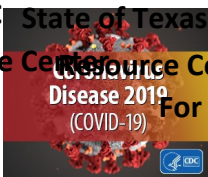


Parking

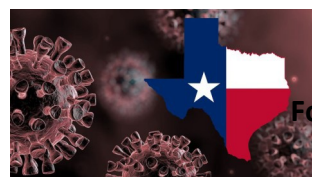
Parking may be a challenge during peak hours, please arrive early and utilize both parking lots as well as the school parking lot across the street. Additional parking can be found at the church if needed.

Resources

The CDC
Resource Center
Disease 2019
(COVID-19)
For COVID-19



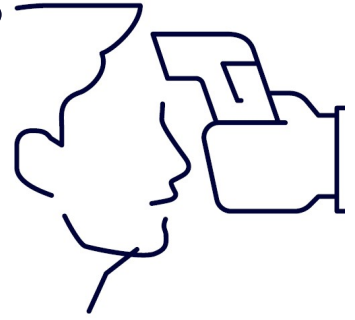
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For COVID-19

Before Games & Practices

BEFORE entering the field of play, dugout, batting cage or bullpen, all players, coaches, umpires, board members and any person that will be on the field of play **MUST NOT** exhibit any of the below symptoms in the 48 hours prior to their scheduled game, practice or scrimmage. If they do, the FCLL Safety Manager must be notified and a final determination of action will be made at that point. Having some of the below symptoms **DOES NOT** automatically disqualify a player from competition. This is a decision the Safety Manager or board member on duty will make based on consideration of all factors.



It is the responsibility of the players' families to be the first line of defense by monitoring the below symptoms prior to attending a game, practice or scrimmage, and reporting any symptoms or exposure to the Safety Manager.

At each game, practice or scrimmage, each manager, coach and team mom will continually monitor each player for the below symptoms. Should any player, manager, coach or team mom exhibit any of the below symptoms, they are **required to immediately remove this person from the fields and notify the board member on duty.**

The Safety Manager or the board member on duty must be contacted and notified in the event a player exhibits any of the below symptoms in the **48 hours prior to the scheduled event:**

- Temperature >100.0° F
- Chills
- Muscle pain
- Sore throat
- Diarrhea
- Feverish feeling
- Congestion
- Cough
- Been in contact with anyone currently lab-confirmed to have COVID-19 **within past 7 days**

If any person is found to have a temperature **greater than 100.0° F**, they will be discreetly asked to step to the side, removed and will either not be permitted to enter any field of play or removed from the field of play until the Safety Manager or board member on duty is notified. They may be asked to return home and not remain in the area as a spectator. Others that exhibit one or more of the above conditions or symptoms will be considered on a case-by-case basis.

Returning from suspected COVID-19 infection—The member must have no symptoms at all, including no fever for at least 72 hours (three full days) without the use of fever reducing medications and ten (10) days have passed since the onset of symptoms, OR a negative FDA approved COVID-19 test result.

Returning from a lab confirmed positive COVID-19 test—At least 14 days must have passed since the positive test, the member must be symptom free and have a FDA approved negative COVID-19 virus test to return to team activities, along with FCLL board approval.

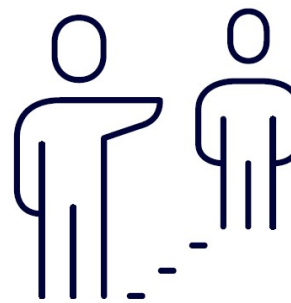
Any person, player or coach found to have knowingly failed to properly report any player, coach or manager's symptoms, test results or contact listed above will be subject to FCLL disciplinary action, which could be immediate and/or delayed.



Social Distancing

We strongly urge all spectators to position themselves 6 feet away from the nearest person not a part of their household group.

- **Spectators** - To reduce the total number of people attending the games and keep the crowds more controllable, we ask each player only be accompanied by a maximum of 2 spectators. We understand the importance for players to have as much support from their friends and family, and that it can be a challenge for the whole family not to attend, but these are special circumstances that every family is managing. We appreciate each family doing their part to keep these children doing what they love, playing baseball. We encourage spectators to bring chairs and may position themselves along the outside of the perimeter fencing of each field and in the stands, if properly spaced. If you must be within 6 feet of others, we require a mask or face covering to be worn for ages 10 and over.
- **Players** must refrain from high-fives, pats on the back, team huddles, hugs or similar. Each player will have a specific location for their equipment during a game or practice. This equipment must stay in their designated area in an orderly manner.
- **Team Moms** are required to stay in and around the dugouts to ensure the players maintain proper social distancing and that the players' equipment stay in an orderly manner.



Posted Signs & Public Notices

Please read and follow all posted signs and public notices from FCLL, the City of Sugar Land, and the State of Texas. These signs and notices are in place as reminders and offer information to help reduce the spread of COVID-19 and keep all in attendance as safe as possible.



Concession Stand

Concessions will be available during the scheduled game times and could have modified menu selections that may help reduce the amount of direct contact. Everyone is required to maintain proper social distancing while in line and interacting with the staff.

Please be prepared to spend a little extra time in line due to these circumstances.



Contact Tracing

- **Scorebook Keepers** are required to write the full names of every person that may come in contact with anyone else on the field of play or in the dugouts. This includes players, managers, coaches, umpires and team moms. It is the responsibility of each **team's manager** or team mom to provide the list to the scorekeeper. This will be recorded in the scorebooks and kept there for future reference.
- **Team Moms** will be required to keep track of their teams attending players, manager and coaches for each game. The team mom will also be assigned to share information with the league, of any player, manager or coach that reports symptoms related to COVID-19

Pregame Warmups

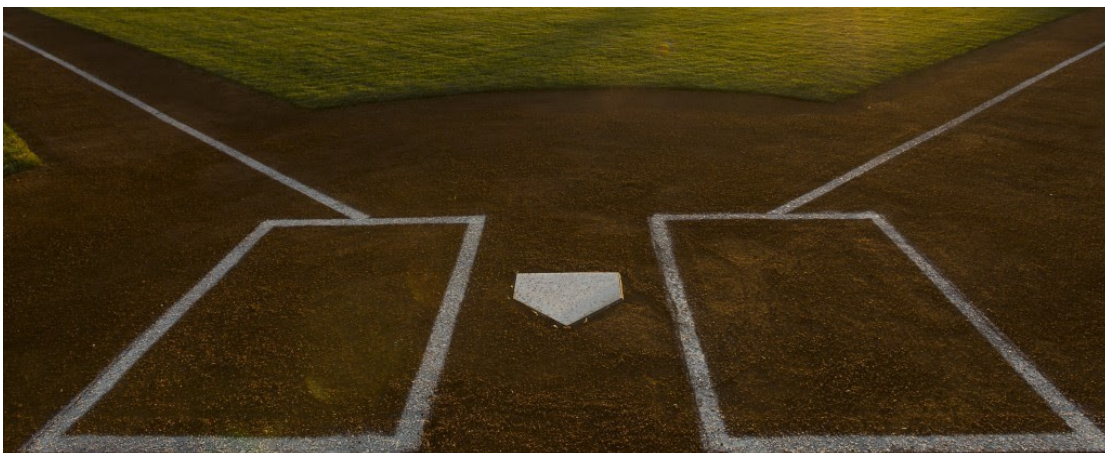
In addition to the above requirements, every team must adhere to the following during pregame warm-ups:

- **Players** are required to maintain as much distance from other players as possible and are not allowed to share equipment, including catcher's gear, drinking bottles, towels, gloves, mitts, helmets, pads or hats at any point.
- **Managers** must designate one registered volunteer, such as the team mom, to sanitize and setup the dugout, assist the players as they arrive, and finding their designated place for their equipment. **Managers** are required to sanitize catcher's equipment after each use, between innings, with the provided sanitation spray.
- **Dugouts** - Coaches must sanitize the benches in their dugouts prior to and after each scrimmage or game. Sanitation spray will be provided. Each player must have a designated area to sit, and all equipment must be kept inside the dugout (games) or along the interior fence (practices), in a neat and orderly manner to avoid tripping hazards. Team Moms and coaches will be responsible for the players while they are in the dugout, during games.
- **T-Ball** – Only one coach from each team is permitted to handle the batting tee. Each player must retrieve their equipment with as little assistance from the coaches to reduce points of contact.
- **Rookie 6, 7 & Pee Wee** – Only one coach from each team is permitted to handle the pitching machine. The pitching machine must be sanitized before and after each game. The manager is required to sanitize the pitcher's helmet between each inning as well as before and after the game. Sanitation spray will be provided.
- **Minors, Majors and up** – There are no unique requirements regarding equipment for these divisions.



Pregame Plate Meeting

If this meeting can be avoided, that is the best option. But as many coaches and managers have questions and need instruction, only one manager or manager-designated coach from each team may meet with the umpire at home plate. Each person at the plate meeting must maintain social distancing, except to trade line-ups.



Playing & Ending the Game

- **Home plate umpires** may position themselves behind the pitcher, at a safe distance, to call balls and strikes. In Rookie 6, 7 & Pee Wee, the umpire may position themselves behind home plate, but at a greater distance than usual, to maintain proper social distancing.
- **Challenges** : All coaches' challenges must be made by the manager, or manager-designated coach, while maintaining social distancing.
- **Celebrations** : There should be no personal contact celebrations such as high-fives, pats on the back, hugs and similar. Each manager and coach will need to reinforce this multiple times during warmups and the game.
- **"Good game..."** Teams will line up on the nearest base path to their dugout and raise their caps to the other team. There will not be any "good game" handshakes and "fives" after the games. Following the completion of any game, if there is not another game scheduled, the players will first meet with their team near their dugout, maintaining as much distance as possible. The manager will release players in a staggered manner to reduce the amount of people in the dugout at any time. Parents and guardians ARE NOT permitted in the dugouts at any time.
- **Team Huddles** : There will be no team huddles, and players should be spaced as far apart as possible during any team meeting.
- **Snacks** : Snacks must be handed to the players by an adult wearing gloves and the players must not share or trade their snacks. All snacks must be individually wrapped or packaged.
- **Managers, coaches, and team moms** are responsible for ensuring all trash and personal belongings are removed from the dugout following the game.
- **ALL Families** —Please exit the field area as soon as possible following any event to help with crowds.



PLAY BALL!

We look forward to an amazing season! Thank you for your understanding and full cooperation during this unique time. We are all doing our best to navigate through the difficulties of maintaining a safe environment for our community while hosting an amazing season of play!

These guidelines may be changed, modified or amended at any time by FCLL.

FCLL Little League
contact@fcll.net

August 15, 2021

